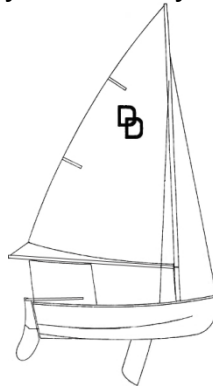


# Notice of Race

Norwalk Yacht Club  
Larry Goodwin Trophy  
Sunday, February 4, 2024



## 1 Organizing Authority

1.1 The Organizing Authority (OA) is the Norwalk Yacht Club Frostbite Program.

## 2 Eligibility

2.1 This is an open regatta.

## 3 Registration and Entry Fees

3.1 Eligible skippers may enter by delivering both a completed Entry Form and payment of any applicable fees to the Organizing Authority. Pre-registration would be greatly appreciated at [frostbite@norwalkyachtclub.com](mailto:frostbite@norwalkyachtclub.com).

3.2 The entry fee is \$20. Please make all checks payable to Norwalk Yacht Club, with "Frostbite - Regatta" in the memo section.

3.3 A limited number of sails for members of organizations which use non-conforming equipment (such as Milford YC and Mamaroneck Frostbiting Association) are available for loan. Please email [frostbite@norwalkyachtclub.com](mailto:frostbite@norwalkyachtclub.com) to place your name on the sail waiting list. Loaner sails will be released on a first-come, first serve basis.

## 4 Racing Area

4.1 Races will be held in the vicinity of Norwalk Yacht Club in Wilson Cove.

**Norwalk Yacht Club**  
10 Nathan Hale Drive  
Norwalk, CT 06854  
203-866-0941

## 5 Schedule of Races

5.1 The tentative schedule is as follows:

1045 Registration & rigging

1130 Skippers meeting

1200 First signal

1500 No warning signal will be made after 1500

Awards and refreshments to follow derigging and any protests

5.2 The first signal of the day shall be made at 1200.

5.3 If a postponement is made ashore by the Race Committee or the Organizing Authority and such postponement is not lifted before a target time of 1330, then racing will be canceled.

## 6 Measurements

- 6.1 The races will be held in 9' Dyer Dhow dinghies.
- 6.2 Except for when storm sails are in use, sails must approximate the "standard" 9' Dyer Dhow sail: no headboard, full-length battens or exceptionally large sails. Sail measurements are approximately 12' 6" luff, 13' 3" leech, 7' 3" foot, 5" max foot skirt, 4' 6.5" mid-girth (by folding to mid-points).
- 6.3 Competitors shall race at a minimum of 180 pounds. A maximum of 40-pounds of ballast shall be supplied by the skipper. A gallon of water shall be considered 8 lbs.
- 6.4 All boats shall have a bailer of sufficient size permanently attached to the boat.
- 6.5 When required, storm sails will be provided by the Organizing Authority via random assignment for that sailing day. Only storm sails provided by the Organizing Authority may be used.

## 7 Sailing Instructions

- 7.1 The Sailing Instructions are available via PDF file on Norwalk Yacht Club's Frostbite website at [www.norwalkyachtclub.com](http://www.norwalkyachtclub.com) => On the Water => Frostbite Sailing. Sailing Instructions may also be available at Registration in electronic or paper format.
- 7.2 Any changes to the Sailing Instructions will be posted on the door of the Junior Sailing Clubhouse.

## 8 Prizes

- 8.1 Prizes shall be awarded to the first, second and third place finishers.
- 8.2 A prize may be awarded for the best finish among novice skippers (i.e. those who started racing Dyer Dhows less than a year ago and aren't top finishers) depending on novice pre-registrants ten days prior to the regatta.

## 9 Responsibility for Safety

- 9.1 Competitors participate in the regatta entirely at their own risk. The Organizing authority will not accept any liability for damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Norwalk Yacht Club, the competitor agrees that the safety of the boat and the crew and the decision to start or continue to race is solely their responsibility. See RRS Fundamental Rule 3, Decision to Race. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Norwalk Yacht Club and the YRA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat, including safety equipment and rigging, and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel manning them is at the risk of the competitor.

## 10 Further Information

- 10.1 For further information please visit [www.norwalkyachtclub.com](http://www.norwalkyachtclub.com) => On the Water => Frostbite Sailing, email [frostbite@norwalkyachtclub.com](mailto:frostbite@norwalkyachtclub.com) or "William DOT Beery at gmail," or call Norwalk Yacht Club at 203-866-0941.

# Sailing Instructions

Norwalk Yacht Club  
Larry Goodwin Trophy  
Sunday, February 4, 2024

## 1 Rules

- 1.1 The regatta will be governed by *The Racing Rules of Sailing* for 2021-2024 (RRS) and the Prescriptions of US Sailing including Appendices A (Scoring) and U (Audible Signal Racing), except as they are changed by the Sailing Instructions and the Notice of Race.

## 2 Notices to Competitors

- 2.1 Notices to Competitors will be made verbally or in writing. If in writing, they will be posted on the notice board of Norwalk Yacht Club Junior Sailing Clubhouse.
- 2.2 Mandatory storm sail use will be determined by the Organizing Authority.

## 3 Changes to Sailing Instructions

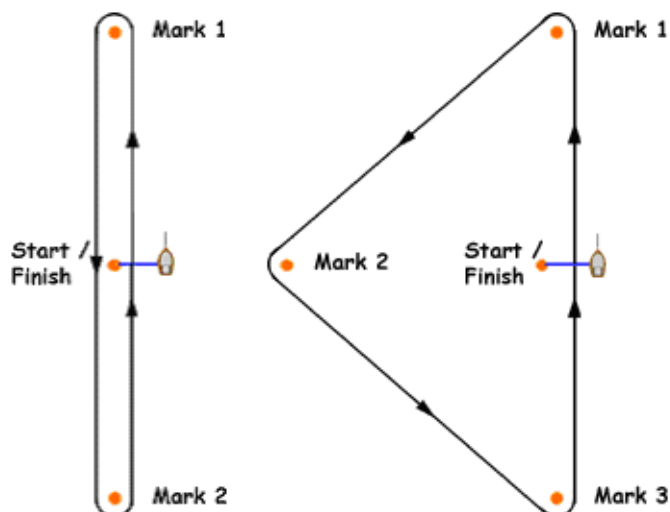
- 3.1 Any changes to the Sailing Instructions will be posted on the notice board of Norwalk Yacht Club's Junior Sailing Clubhouse prior to the first race of that day.

## 4 Schedule of Races

- 4.1 The tentative schedule is as follows:
  - 1045 Registration
  - 1130 Skippers meeting
  - 1200 First signal
  - 1500 No warning signal will be made after 1500Awards and refreshments to follow derigging and any protests
- 4.2 The first signal of the day shall be made at 1200.
- 4.3 If a postponement is made ashore by the Race Committee or the Organizing Authority and such postponement is not lifted before a target time of 1330, then racing will be canceled.

## 5 The Courses

- 5.1 The course will be windward-leeward-finish as approximated in the following diagram, with the start-finish between the windward and leeward marks. All marks will be left to port.
- 5.2 The Organizing Authority or the Race Committee may add a gybe mark as in the diagram below.
- 5.3 Competitors may re-cross the start/finish line while racing.



## 6 Marks

6.1 Marks shall be orange or pink balls. The Organizing Authority or the Race Committee may substitute other marks at their discretion.

## 7 The Start

7.1 A minimum of 4 boats is required for a start to be counted towards series scoring.

7.2 Races will be started using the Appendix U sound signals as follows:

3 minutes	3 long blasts	Warning
2 minutes	2 long blasts	Preparatory
1 minute 30 seconds	1 long and 3 short blasts	
1 minute	1 long blast	
30 seconds	3 short blasts	
20 seconds	2 short blasts	
10 seconds	1 short blast	
5-1 seconds	1 short blast every second	
START	1 very long blast	

7.3 The start line will be between a staff on the race committee shack at the starboard end of the line and a buoy or pole at the port end of the line. The Race Committee and the Organizing Authority may change the starting area and configuration to suit conditions.

7.4 A boat starting later than 3 minutes after her starting signal will be scored Did Not Start.

7.5 Rule 30.1 (I Flag Rule, i.e. round-the-ends rule) is modified to replace flag I with a verbal announcement (hail) from the committee.

7.6 Rules 30.2 (Z Flag Rule, i.e. 20% penalty rule), 30.3 (U Flag Rule, i.e. one-minute DSQ rule), and 30.4 (Black Flag Rule) are deleted.

## 8 Recalls of OCS Boats

8.1 The Race Committee will attempt to notify the boats that were OCS at the start. If a notification is made, individual recall notification will be verbally. It is expected that competitors will help repeat hails made by the RC for individual and general recalls.

8.2 General recalls shall be hailed by the Race Committee.

## 9 Changes of the Next Leg of the Course

- 9.1 The course may be shortened, changed, or abandoned with verbal notification to the competitors.

## **10 The Finish**

- 10.1 The finish line will be between a staff on the race committee shack at the starboard end of the line and a buoy at the port end of the line. The Race Committee or the Organizing Authority may change the starting area and configuration to suit conditions.
- 10.2 The finish line will be the same as the start line unless modified by 9.1.

## **11 Penalty System**

- 11.1 Rules 44.1 (Taking a Penalty) and 44.2 (One-Turn and Two-Turns Penalties) are changed so that the two-turns penalty is replaced by a one-turn penalty including one tack and one gybe.
- 11.2 A boat that has taken a penalty or retired under Rule 44.1 (Taking a Penalty) shall notify the Race Committee as soon as is practical.

## **12 Time Limits**

- 12.1 The time limit for all boats to finish a race will be 30 minutes.
- 12.2 Boats failing to finish within the time limit will be scored Time Limit Expired.
- 12.3 Boats failing to finish within 10 minutes after the first boat finishes will be scored Time Limit Expired. This changes Appendix A.

## **13 Protests and Requests for Redress**

- 13.1 Competitors intending to protest another boat or file for redress shall inform the Race Committee immediately after the completion of the race.
- 13.2 Protest/redress must be filed on the official US Sailing form, which is available from the Organizing Authority or from online sources. Protests and requests for redress shall be delivered to the Race Committee within the appropriate time limit.
- 13.3 The protest time limit is 30 minutes after the Race Committee arrives ashore.
- 13.4 Notices of protest will be posted on the Notice Board no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearing will be held.
- 13.5 The Protest Committee will be selected by the Organizing Authority, and will be comprised of three members from the Frostbite fleet and/or Club Members not involved in the protest.
- 13.6 If practicable, protests will be heard in the presence of the fleet Members on the day of the alleged incident. Fleet Members are observers and will not participate in the Protest Committee's decision. Otherwise, protests will be held at a later date and time mutually acceptable to the involved parties.

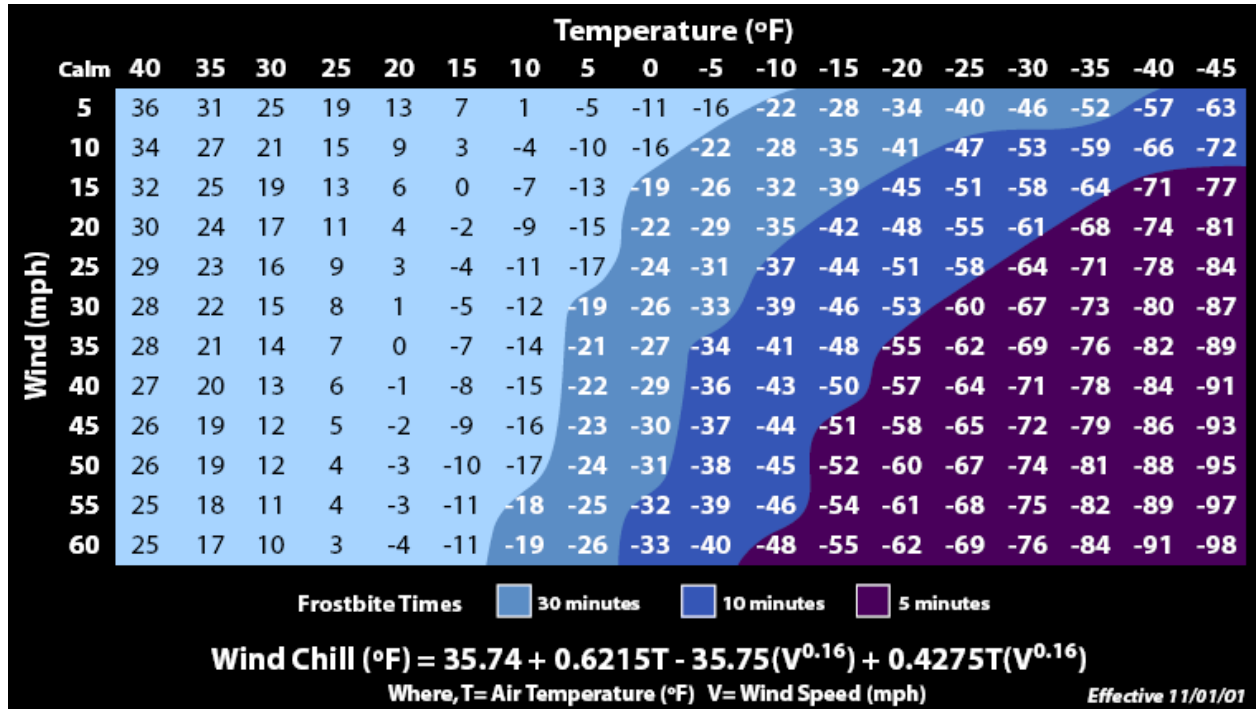
## **14 Scoring**

- 14.1 At least four yachts on the line shall be required for a race to count for scoring.
- 14.2 The low-point scoring system as described in Appendix A4 of the Rules will apply.
- 14.3 One race shall constitute a series.
- 14.4 If eight (8) or more races are sailed, each competitor's worst score will be discarded.
- 14.5 All completed races shall count towards Norwalk YC's frostbite season scoring for Program Members.

## **15 Safety Regulations**

- 15.1 Competitors shall wear a U.S. Coast Guard approved personal flotation device at all times when on the water.
- 15.2 No boats shall leave the dock until at least one safety boat is under way.

- 15.3 The Organizing Authority will determine whether racing will be conducted using the standard Dyer Dhow sail or storm sails provided and randomly distributed by the Organizing Authority. If storm sail use is dictated, only boats using the storm sails will be scored.
- 15.4 Should one boat capsize or require safety boat assistance during a race, the race and subsequent races will continue without delay. If a second boat capsizes or requires safety boat assistance during the same race, that race shall immediately be stopped and cancelled (note, not ABANDONED).
- 15.5 The Race Committee shall not start a race if the wind chill factor is below 5° F, or if the wind gusts above 25 knots. The Race Committee or Organizing Authority shall be the sole and final judge of the conditions.



# Norwalk Yacht Club Larry Goodwin Trophy Entry Form & Waiver

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Weight: \_\_\_\_\_ lbs. *If under 180 lbs., you must provide and carry weight up to a maximum of 40 lbs.*

Fleet / Club: \_\_\_\_\_

Sail #: \_\_\_\_\_

Sail Loan Request *A limited number of conforming sails are available upon request.*

Novice? *Intended to be a first year Dyer Dhow sailor racing at a lower level.*

## WAIVER AND RELEASE OF LIABILITY

For and in consideration of NORWALK YACHT CLUB, INC. (the "Organization") allowing me, the undersigned, to participate in any capacity in a Organization sanctioned, licensed, or approved event or activity ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Agreement (the "Agreement"):

A. RULES AND REGULATIONS: I hereby agree to abide by the rules, regulations, and policies of the Organization, including any and all COVID related safety measures required by the Organization. These include but may not be limited to the rules, regulations and policies attached.

B. ACKNOWLEDGMENT OF RISK: I knowingly, willingly, and voluntarily acknowledge the inherent risks associated with the sport of sailing, and that participation in any Organization involves risks and dangers including, without limitation, the potential for serious bodily injury (including broken bones, head or neck injuries), sickness and disease (including communicable disease such as COVID), trauma, pain & suffering, permanent disability, paralysis and death; loss of or damage to personal property; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with other participants or natural or manmade objects; adverse weather conditions; facilities issues and premises conditions; failure of protective equipment; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers and competition management; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks").

C. ASSUMPTION OF RISK: I understand that the aforementioned Risks may be caused in whole or in part or result directly or indirectly from the negligence of my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby voluntarily and knowingly assume all such Risks and responsibility for any damages, liabilities, losses, or

[www.NorwalkYachtclub.com/frostbite/](http://www.NorwalkYachtclub.com/frostbite/)

expenses that I incur as a result of my participation in any Events. I also agree to be responsible for any injury or damage caused by me or any agents under my direction and control at any Event.

D. RELEASE AND INDEMNITY: In consideration of my participation in any Event, I hereby release from liability and waive any claims against the owner or organizer of the Event, its licensees, competition managers, promoters, sponsors, advertisers, beneficiaries, venue providers, and supporting organizations, together with the officers, directors, employees, volunteers and contractors of them (the "Released Parties" or "Event Organizers"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss, or expense (including court costs and reasonable attorney fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties. Further, I agree to indemnify, defend, and hold harmless the Released Parties and Event Organizers against and from any and all Liability imposed on, incurred by, or asserted against any Released Party or Event Organizer resulting from, arising out of, in connection with, or relating to my breach of this Agreement.

E. COMPLETE AGREEMENT AND SEVERABILITY CLAUSE: This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

I HAVE CAREFULLY READ THIS DOCUMENT IN ITS ENTIRETY, UNDERSTAND ALL OF ITS TERMS AND CONDITIONS, AND KNOW IT CONTAINS AN ASSUMPTION OF RISK (INCLUDING THE RISK OF CONTRACTING COVID), RELEASE, WAIVER FROM LIABILITY, AND INDEMNIFICATION.

By signing below, I (as the participant or as the Parent/Legal Guardian of the minor identified below) hereby accept and agree to the terms and conditions of this Agreement in connection with my (or the minor's) participation in any Event.

I further agree to abide by the Racing Rules of Sailing (the "Rules") and by all house and fleet rules of the Norwalk Yacht Club and its Frostbite Sailing Program.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Parent/Legal Guardian Signature \_\_\_\_\_  
(required if participant is under the age of 18):

Parent/Legal Guardian Printed Name: \_\_\_\_\_